

Body Treatment

We can offer you professional help and advice with slimming, toning, stress control and relaxation. We are here to help you achieve the best possible result.

- Derma-Lift Advanced Treatment

To provide inch loss, body lifting, figure shaping, lymphatic draining or treating cellulite areas. Selective programmes can also be added to provide - tightening, firming, lifting, circulation and massage. Prices will vary depending on treated areas. Please contact us for more details.

- Slim Gel Wrap

A quick and effective way to lose inches. A tremendous moral booster that gives a client a good incentive to stick to a weight reduction programme. Works better when combined with a diet and an exercise programme. Standard Wrap - 1 hour 30 minutes £33.00 Full Body Wrap - 2 hours £43.00 Course of 3 standard wraps available £89.

- Massage Back, neck and shoulder massage £16.80 Face, Neck and Shoulder Massage £16.80 Full body massage £27.30

- Deep cleansing back treatment £26.00

for spot-prone backs; includes back massage and mask

- Indian Head Massage £18.00

A seated cloths on massage concentrating on the upper body only

- Reflexology £23.00 Reflexology can be used to restore and maintain the body's balanced state and encourage

First visit 1 hour 15 minutes include a full consultation and a 45 minute treatment. Subsequent visits 45 minutes includes a full treatment and soaking your feet in the "foot spa"

- Aromatherapy This is an ancient art and a modern science. It is the use of essential oils on the body that have emotional and physiological influence. Firstly by the oils aromatic smell and secondly by the oils being massaged into the skin, this then enables them to begin their rebalancing process on the nervous system, so relieving stress and inducing relaxation. Specialist full body massage treatment using pure essential oils for your individual needs.

Consultation included. Full body massage £30.00 Back, neck and shoulder massage £18.00 Head, face and massage £18.00

- Seaweed Body Wrap - £45.00

- Honey Body Polish - £45.00

- Hot Stone Massage - BRAND NEW £38.95